



Safety  
Course

# NSTC 0851, ADULT CPR

## (3 Hours)

This class is designed to help participants learn how to respond to a breathing or cardiac emergency in an adult. Students will become familiar with signals of breathing emergencies, signals of cardiac emergencies and the subsequent care for suffering victims. The participants will be able to demonstrate how to care for a person who is not breathing, who is choking, or who is in cardiac arrest. The course also covers general 'emergency responder' techniques and how best to help in an emergency situation.

### Target Audience:

- Anyone with an interest in or need for accomplishing CPR

---

#### Dates:

**January 25, 26, 27, 2005**  
**1:00-4:00**

#### Location:

**Marshall Space Flight Center**

No CEUs available

#### About the Instructor:

Maganette Williams is an instructor and technical assistant in the NSTC. She has an AS degree and is a certified Red Cross instructor and a newly appointed CSHO (Certified Safety and Health Official). Her experience includes 30+ at the Johnson Space Center, including the last 10 supporting SM&A in training. Present duties include coordinating, instructing and developing institutional safety training. Ms. Williams can be reached at

[maganette.m.williams1@jsc.nasa.gov](mailto:maganette.m.williams1@jsc.nasa.gov)  
281-244-5105.

To register, please contact:

**Georgann Crump, Mailstop: CO20**  
**Telephone: 256.544.6525, Fax: 256.544.4809**